

PROGRAM REQUIREMENTS

Once accepted into the program, clients must:

1. Sign a contract on admission and abide by the house rules and guidelines
2. Cooperatively develop an individual treatment plan
3. Actively participate in all program activities
4. Pay weekly rent and food money on time and in advance

CONTACT US

For information or assessment into The Nexus Program, contact the Community Team:

Phone: 02 6163 0200 (9am-5pm) Monday to Friday

Postal: **The Nexus Program**
PO Box 2230
Tuggeranong
ACT 2901

Email: adfact@adfact.org

Attention: Community Team

Website: www.adfact.org

OTHER ADFACT SERVICES

Personal Support Program

The Phoenix Project

Karralika Therapeutic Community Program

Sober Driver Program

THE NEXUS PROGRAM

Incorporating ADFACT's Men's Halfway House Program and After-care Program

...alcohol and drug treatment service.



...development of independent living skills...



HELPING YOU CHOOSE A BETTER LIFE

Alcohol & Drug Foundation ACT Inc.

INTRODUCTION

The Alcohol & Drug Foundation, ACT Inc. (ADFFACT) operates The Nexus Program (incorporating the Men's Halfway House and After-care Programs). The service offers community-based treatment for clients with alcohol and/or other drug problems.

This comprehensive program offers case management, support, relapse prevention education and referral to clients, including those completing the Karralika program or other residential programs. The service provides accommodation for up to nine clients for periods of three to six months. Access visits for parents with children not in their care, including overnight stays, may be negotiated.

There is easy access from the residences to external support services, shops and transport.

PROGRAM

The aims of the program are for clients to achieve stability in their lives and to encourage the development of independent living skills. This may include a choice for abstinence or pharmacotherapy treatment. The program, at this stage of treatment, features activities tailored to meet the needs of the clients. It explores the processes of recovery including self-esteem, communication and assertiveness in both a social and personal context.

Clients are assisted into their own accommodation after completing the program.

STAFFING

Staff are on call 24 hours a day with regular face-to-face contact with the case managers.

ADVOCACY

ADFFACT's program can provide assistance, support and advocacy dealing with government and non-government agencies including:

- Housing
- Centrelink
- Courts
- Schools
- Medical practitioners

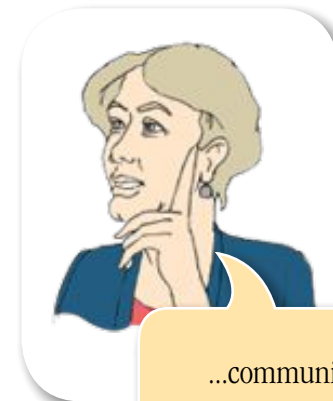
TARGET GROUP

- Clients who have completed a treatment program for alcohol and/or other drug problems such as detox or other rehabilitation programs.
- Clients utilising, and stable on, other drug treatment programs including methadone and buprenorphine.

ADMISSION CRITERIA

To be accepted into The Nexus Program, clients must be:

- Over the age of 18 and in recovery from chemical dependency, stable on a pharmacotherapy program or have completed a treatment program
- Willing to continue their recovery or remain on a stable treatment program
- Willing to actively pursue their own treatment and recovery
- Relatively self-managing with regard to household duties, daily planning and care for any children who visit them
- Willing to participate within The Nexus Program guidelines, especially adhering to the program's principles of non-harassment and non-discrimination.



...community-based treatment...